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# November 17' Menu






Kids R Kids North Austin

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 French Toast AM- Fresh Apples PM- Cheese Crackers <b>Chicken Soup w/ peas &amp; carrot, Fruit Selection</b>	2 Cereal, Fruit AM- Cheese Sticks PM- Teddy Grahams <b>Penne w/ Chicken Alfredo &amp; Mixed Veg.</b>	3 Pancakes, Fruit AM- Fig Newtons PM- Animal Crackers <b>SUB Sandwiches w/ Italian Salad</b>	4
5	6 Muffin, Fruit AM- Chees Sticks PM-Animal Crackers <b>Baked Ziti, Steamed Broccoli &amp; Fruit</b>	7 Cereal & Fruit AM—Yogurt PM—Cheese Crackers <b>BBQ Chicken Sand. Tater Tots</b>	8 Bacon & Eggs, Fruit AM—Nutri-Grain Bar PM—Vanilla Wafers <b>Turkey Chili Mac &amp; Fruit</b>	9 Biscuits & Jam, Fruit AM-Apple Delight PM- Pretzels <b>Turkey Tacos, Lettuce, Tomato, Cheese</b>	10  <b>Staff Development Training</b>	11
12	13 Bagels w/CC & Fruit AM- Fresh Bananas PM- Chex Mix <b>K.C. Beans &amp; Franks w/ Sweet Corn</b>	14 Pancakes, Fruit AM— Yogurt PM—Cookies <b>Bean &amp; Cheese Tacos, Steamed Carrots</b>	15 Biscuits w/ Jam, Fruit AM—Cheese Sticks PM—Chex Mix <b>Cheese Pizza, Med. Mix &amp; Fruit</b>	16 Cereal, Fruit AM—Fresh Apples PM—Vanilla Waffers <b>Chicken, Rice &amp; Mixed Veggies</b>	17 Bacon & Eggs, Fruit AM—Fresh Bananas PM—Fig Newtons <b>Chicken Nuggets, Corn &amp; Fruit</b>	18
19	20 Pancakes, Fruit AM- Fig Newtons PM- Animal Crackers <b>Chicken and Cheese BBQ Pizza, Veg. &amp; Fruit</b>	21 Muffin, Fruit AM- Nutri-Grain Bar PM—Animal Crackers <b>Baked Ziti, Steamed Broccoli &amp; Fruit</b>	22 Cereal, Fruit AM- Cheese Sticks PM- Teddy Grahams <b>Penne w/ Chicken Alfredo &amp; Mixed Veg.</b>	23 	24  <b>Day After-Thanksgiving</b>	25
26	27 Cereal, Fruit AM— Fig Newton PM— Teddy Grahams <b>Macaroni Salad, Peas and Carrots</b>	28 French Toast, Fruit AM—Fruit Selection PM—Chex Mix <b>Chicken Quesadillas, Green Bean &amp; Fruit</b>	8 Bacon & Eggs, Fruit AM—Nutri-Grain Bar PM—Vanilla Wafers <b>Chicken Sandwich, Tator Tots &amp; Fruit</b>	30 Muffin, Fruit AM- Chees Sticks PM—Animal Crackers <b>Spanish Rice with Veggies &amp; Fruit</b>		